

MOST IMPORTANT TOPICS

1. ECOWAS  **The Indian EXPRESS** GS-2, PRELIMS
2. BRO'S NAUSHERA BREAKTHROUGH  PRELIMS
3. PURPLE REVOLUTION  PRELIMS
4. NATUROPATHY INSTITUTE **The Assam Tribune** PRELIMS

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PRELIMS PRACTICE QUESTION

Q. What was the real name of Chilarai?

- A. Shabradwaj
- B. Mahashakti
- C. Shukladwaj
- D. Malladev

ECOWAS



CONTEXT

- The military governments of Burkina Faso, Mali, and Niger have declared their immediate exit from the ECOWAS, the West African regional group

WHAT IS ECOWAS?

- ECOWAS is an acronym for the **Economic Community of West African States**.
- Established in **1975** via the **Lagos Treaty**, its primary purpose is to encourage **economic integration** among **member nations**.
- The organization is headquartered in **Abuja, Nigeria**

- Originally, ECOWAS consisted of 15 member states: Benin, Burkina Faso, Cabo Verde, Côte d'Ivoire, The Gambia, Ghana, Guinea, Guinea Bissau, Liberia, Mali, Niger, Nigeria, Sierra Leone, Senegal, and Togo. However, the current membership has reduced to 12.

- Beyond economic goals, ECOWAS has also played a role in resolving military conflicts in the region.
- In the past, ECOWAS has operated **regional peacekeeping missions** in both Liberia and Sierra Leone.

PRELIMS PRACTICE QUESTION

Q. With reference to the ECOWAS (Economic Community of West African States) which of the following statements is/are correct?

1. The regional group was established in 1975 through the Lagos Treaty, with a mandate of promoting economic integration among its members.
2. Its headquarter is located in Nigeria.

Select the correct answer using the code given below :

- A. Only 1
- B. Only 2
- C. Both
- D. None

BRO'S NAUSHERA BREAKTHROUGH



CONTEXT

- The BRO achieved a major milestone by completing the breakthrough of the 700-metre-long **Naushera tunnel**, enhancing connectivity in the Jammu-Poonch region.

NAUSHERA TUNNEL

- The Naushera tunnel is a part of a highly strategic 200-kilometre-long stretch known as the “Golden Arc road”, connecting important border districts of Akhnoor, Rajouri, and Poonch.
- The Jammu-Poonch highway includes four major tunnels: Kandi tunnel, Sungal tunnel, Naushera tunnel, and Bhimber Gali tunnel.

PURPLE REVOLUTION



CONTEXT

- The Council of Scientific & Industrial Research (CSIR) presented a Republic Day Tableau focusing on the "Purple Revolution" in Jammu & Kashmir through lavender cultivation

- CSIR's scientific interventions led to remarkable growth in lavender farming, creating **agri-start-ups** and taking lavender products from lab to market.
- A special lavender variety suitable for J&K's temperate regions was developed, and free saplings and agro-technologies were provided to farmers.
- Lavender cultivation's success in J&K earned the name "Purple Revolution."

- The tableau featured India's first women-friendly compact Electric Tractor, PRIMA ET11, developed by CSIR, aligning with the Viksit Bharat theme.

PRELIMS PRACTICE QUESTION

Q. The name of the India's first women-friendly compact Electric Tractor-

- A. PRIMA ET11
- B. PRIMA ET101
- C. PRIMA ET111
- D. None of the above

NATUROPATHY INSTITUTE

Foundation laid for NE's 1st naturopathy institute

STAFF CORRESPONDENT

DIBRUGARH, Jan 28: Chief Minister Himanta Biswa Sarma along with the Union Minister of Ports, Shipping & Waterways and Ayush, Sarbananda Sonowal today laid the foundation stone for the first Central Research Institute of Yoga & Naturopathy of the North East at Dehing Khamtighat Gaon, near here.

The institute, envisioned to be a 100-bed capacity hospital, will cater primarily to inpatient, outpatient, and day-care services. The institute will provide service to patients with medical conditions like obesity, metabolic syndrome, diabetes, cardiovascular diseases, stroke, asthma, chronic obstructive pulmonary disease, migraine, irritable bowel syndrome, inflammatory bowel

disease, arthritis, autoimmune diseases, cancer, neurodegenerative diseases, etc.

Addressing the foundation stone laying ceremony, the Chief Minister said that with the establishment of the institute, a long-felt need of the State will be fulfilled. "It will offer clinical training in the field of Yoga and Naturopathy and thereby open up various job avenues in this sector," Sarma said.

The Chief Minister further said that the healing experience that Naturopathy provides cannot be found in other forms of medical treatment. Naturopathy also has the potential to boost medical tourism in the State, he added.

Apart from treating medical conditions, the institute will also conduct course-based research at undergraduate and postgraduate levels relat-

ed to Yoga and Naturopathy.

Union Minister Sonowal said that the institute will be a peripheral institute of the Central Council for Research in Yoga & Naturopathy (CCRYN), which will establish benchmark standards in education, preventive health-care and research in the field of Yoga and Naturopathy. "This is aimed at bringing a scientifically valid and useful synergy between traditional knowledge of Yoga and Naturopathy and modern tools of technology. The institute shall also serve as incubation centre in startups in the field of yoga and wellness sector," he said.

The proposed hospital will be built in an area of 45 bighas alongside the NH15 near the Khamtighat bridge. The total project cost of the institute is estimated to be near around Rs 100 crore.

CONTEXT

- Foundation stone laid for the **first Central Research Institute of Yoga & Naturopathy** in North East India at **Dehing Khamtighat Gaon**, near NH15 and Khamtighat Bridge.

INSTITUTE FEATURES

- Services: Inpatient, outpatient, and daycare.
- Treatment for conditions such as obesity, diabetes, cardiovascular diseases, stroke, asthma, chronic obstructive pulmonary disease, migraines, irritable bowel syndrome, arthritis, autoimmune diseases, cancer, neurodegenerative diseases, etc.

ASSOCIATION WITH CCRYN

- Peripheral institute of the Central Council for Research in Yoga & Naturopathy (CCRYN).
- Aims to establish benchmark standards in education, preventive healthcare, and research in Yoga and Naturopathy.

- Focus on scientifically validating and synergizing traditional knowledge with modern technology.
- Serve as an incubation center for startups in the yoga and wellness sector.

By the Officers,
For the Officers